

5 Ways to Pray for Missions

Here are some ideas of how to pray for missions teams and missionaries.

1. Spiritual Health, Life Balance, & Provision “Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.” (Ephesians 6:10-12 ESV)

“What Does the Bible Say About Spiritual Health?” www.trustworthyword.com/spiritual-health

“What Does the Bible Say About Home Health?” www.trustworthyword.com/home-health

“What Does the Bible Say About Financial Health?” www.trustworthyword.com/financial-health

2. Unity and Focus “praying at all times in the Spirit, with all prayer and supplication. To that end keep alert with all perseverance, making supplication for all the saints” (Ephesians 6:18)

“What Does the Bible Say About Relational Health?” www.trustworthyword.com/relational-health

“What Does the Bible Say About Workplace Health?” www.trustworthyword.com/work-place-health

3. Spiritual Boldness & Clarity “and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.” (Ephesians 6:19-20)

“What Does the Bible Say About Risk?” www.trustworthyword.com/risk

“What Bible Verses Are Good to Memorize for Evangelism?” www.trustworthyword.com/what-bible-verses-are-good-to-memorize-for-evangelism

4. Overcome Fear & Worry

- Fear not; you are of more value than many sparrows. (Lk 12:7)
- And he said to his disciples, “Therefore I tell you, do not be anxious about your life, what you will eat, nor about your body, what you will put on. (Luke 12:22)

“What Does the Bible Say About Worry?” www.trustworthyword.com/what-does-the-bible-say-about-worry

5. Physical, Mental, & Emotional Health & Protection

- And which of you by being anxious can add a single hour to his span of life? (Lk 12:25)
- Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul. (3 John 1:2)
- Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. (James 5:14)

“What Does the Bible Say About Physical Health?” www.trustworthyword.com/physical-health

“What Does the Bible Say About Emotional Health?” www.trustworthyword.com/emotional-health

“What Does the Bible Say About Mental Health?” www.trustworthyword.com/mental-health

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